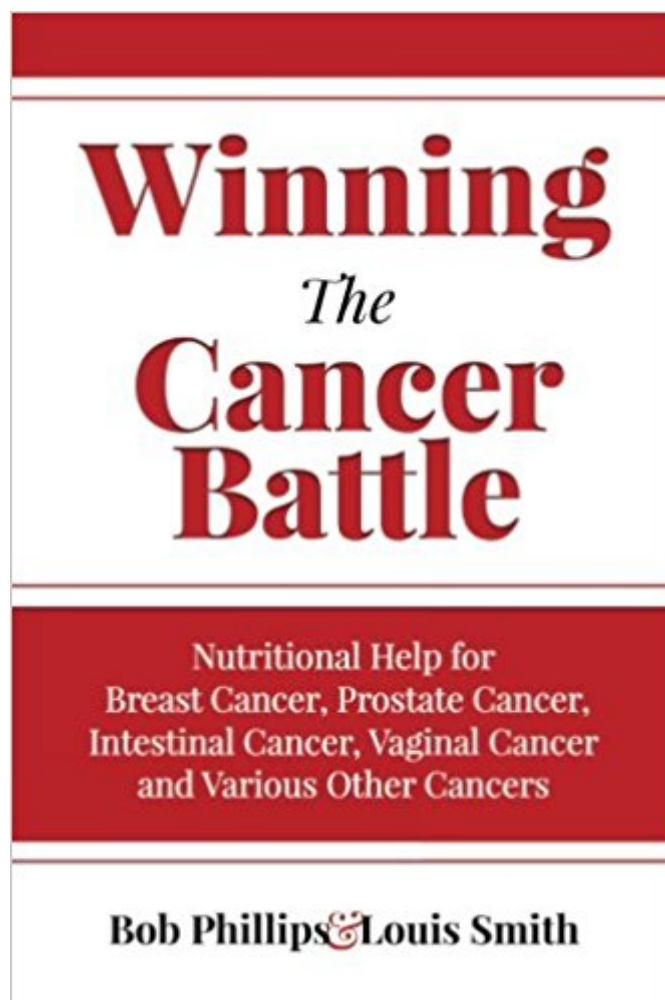




The book was found

Winning The Cancer Battle: Nutritional Help For Breast Cancer, Prostate Cancer, Intestinal Cancer, Vaginal Cancer, And Various Other Cancers





Synopsis

The American Cancer Society has estimated that there will be over 1,685,000 new cancer cases by the end of 2017. Of this total, 600,900 patients will pass away from the disease. Many people know firsthand the devastation cancer can wreak. It may seem like there is nothing you can do—but there is hope! In this new guide, certified nutritionists Louis Smith and Bob Phillips offer tips on reducing your risk of acquiring a variety of different cancers. Simple lifestyle changes can be the first line of defense against the horrors of cancer. In *Winning the Cancer Battle*, Smith and Phillips help you to understand the complex roots of cancer, identify the major risk factors, make healthier dietary choices, see the connection between the mind and the body, use exercise and stress-relief techniques to begin your fight, and form a cancer action plan to tackle the illness and stop it from controlling your life. Smith and Phillips emphasize the need to deal with cancer head on. You don't have to merely accept your fate. You have the power to protect your body from cancer and other diseases, and you can start right now.

Book Information

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Customer Reviews

Louis Smith is a certified nutrition consultant, certified holistic nutrition consultant, and certified John Maxwell coach. His own cancer went into remission twenty-seven years ago. Now, Smith travels the world and speaks to audiences of up to eleven thousand people about the link between nutrition and health. He is also the author of *Plan to Succeed*. Bob Phillips, PhD, is a certified nutrition and wellness consultant and licensed marriage and family therapist. He cofounded the Pointman

Leadership Institute, which presents seminars about leadership and ethics in over seventy countries. Phillips is also director emeritus for Hume Lake Christian Camps. He has written over 130 books on a variety of subjects, including his Babylon Rising series, How to Deal with Annoying People, Overcoming Anxiety & Depression, 7 Seconds to Success, and Optimal Health and Wellness. If you have difficulty finding beneficial and healthy supplements, you can e-mail bob2hume@gmail.com

Finally a book written for the everyday person to understand the complexity of the crisis, Keeping it simple yet profound, Great book to help get back to the basics and understand the laws of nature at the cell level, A must read if you or someone you love have been told those frightening words "you have cancer". Amazing stories and testimonies give hope and encourage real transformation for quality health. Thank you Louis and Bob Phillips for the sacrifice you made to put this together.

I have read many books and articles about cancer, but this the first book I started reading and could not put it down. Louis Smith the coauthor walks the talk. By 2000 the risk for cancer is 1 in 2. Makes you think. You will find out things you did not know could be major factors in getting cancer and for those with cancer you will find the information very inspiring and full of hope. Just a thought "what you don't know could kill you." "Health is your Greatest Wealth and Prevention is Better than Cure."

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